



Champions for Change Youth Day

Bendigo – Thursday, 30th August 2018

Locally supported by:



Bringing together Year 6 - 8 students from local schools to share ideas on how to promote body confidence within their school community

We invite **approx 6 – 8** of your students to participate in the following session

Date	Thursday, 30 th August 2018
Time	9 - 12
Venue	The Capital, 50 View Street

As body esteem is not gender specific, we recommend and encourage students of all genders to attend.

What to expect on the day:

- Information and activities exploring body esteem within our society
- Strategies to becoming a Champion for Change Leader to promote body confidence amongst peers.
- Small group workshops to create a student-led Take Action Plan for implementation back at school.

It is **FREE** to attend but places are limited. For further information and to register your interest:

Contact: E: education@thebutterflyfoundation.org.au T: 02 8456 3908

The Butterfly Foundation is Australia's largest charity supporting those affected by eating disorders and negative body image. We are bringing our unique whole community program to young people, parents & professionals in Bendigo 28th – 30th August 2018.

Butterfly acknowledges the support of:

